

## SUNDAY 08/02

800m Walk	
Category	Schedule
60+	9:00 AM
50+	9:20 AM
40+	9:40 AM
30+	10:00 AM
Finished time	10:20 AM

800m Run	
Category	Schedule
70+	11:00 AM
60+	11:15 AM
50+	11:30 AM
40+	11:45 AM
Finished time	12:00 PM

200m Walk	
Category	Schedule
70+	5:00 PM
60+	5:10 PM
50+	5:20 PM
40+	5:30 PM
30+	5:40 PM
Finished time	5:50 PM

200m Run	
Category	Schedule
80+	6:30 PM
70+	6:40 PM
60+	6:50 PM
50+	7:00 PM
40+	7:10 PM
30+	7:20 PM
Finished time	7:30 PM

4X100 Relay	
Category	Schedule
50+	8:00 PM
40+	8:15 PM
30+	8:30 PM
Finished time	8:45 PM