



# OPEN MASTERS GAMES

## ABU DHABI 2026

BASKETBALL 3x3



Updated: January 25, 2026

**UNITED BY SPORTS,  
ACTIVE FOR LIFE**

## 1. General Information

### 1.1. Governance

The event will be conducted in accordance with the competition rules and provisions of the International Basketball Federation (FIBA), the International Wheelchair Basketball Federation (IWBF) and the UAE Basketball Federation.

### 1.2. Eligibility

- In line with the sport-specific rules, a team must compete in the age group of their youngest team member, with that team members age determined as of 31 December 2026. For example, if you are 39 years old during the Games time but turn 40 by 31 December 2026, you would compete in the 40-44 age category.
- For each team to be confirmed, a minimum of 3 athletes need to be registered, with a maximum of 5 athletes per team. A maximum of 3 accompanying delegation members (a player can be an accompanying delegation member at the same time) with a team. 4 players can be named on the match sheet.
  - It is mandatory for each team to have a coach, non-playing official or nominated athlete as the team representative

#### Health Declaration

Athletes should carefully evaluate whether their physical condition is suitable for participating in the competition. If they suffer from cardiovascular or other diseases that make them not suitable to engage strenuous exercise, seeking doctor's advice is recommended to evaluate whether they can safely participate in OMGAD events.

#### Health Insurance

- All participants **MUST** have a medical insurance policy while in the UAE. This is a legal requirement.
- Residents and citizens must ensure their respective health insurance covers sports injuries.

The Ziyarah Plan is being offered specifically for Open Masters Games participants (athletes, coaches, supporters, family).

## Ziyarah Plan (Open Masters Games)

Ensuring your peace of mind for the upcoming event

**Coverage Period: 15 days**



### Scope of Coverage:

- Up to AED 250,000, comprehensive coverage for medical emergencies and sports-related injuries incurred during the event period.
- Direct billing at network providers.
- Consultations through Pura App (Maximum up to 3 consultations).



### Eligibility Requirements:

- Registered players and their accompanying family members.
- Health insurance plan to be purchased before participants travel to UAE.



### Premium details:

- Up to 60 years: AED 86 (VAT extra)
- 61 years & above: AED 215 (VAT extra)



ألعاب الماسترز  
OPEN MASTERS GAMES  
Abu Dhabi 2026 أبوظبي 2026



### Important Note for Residents and UAE Nationals

UAE residents (Expats) & UAE nationals will need to ensure their respective health insurance plans cover sports injuries, as they will not be eligible for this plan

[damaninsurance.ae](http://damaninsurance.ae)

## Accreditation

All participants must have approved accreditation to access the fields of play and to compete. This accreditation can be collected for the Uniform Distribution and Accreditation Centre (U.D.A.C) located in Zayed Sports City.

Team captains, coaches/managers and assistant managers **cannot** collect accreditation on behalf of teammates. Each participant must personally present themselves and their ID at the point of collection. It is at this point that participants will also receive their welcome kit.

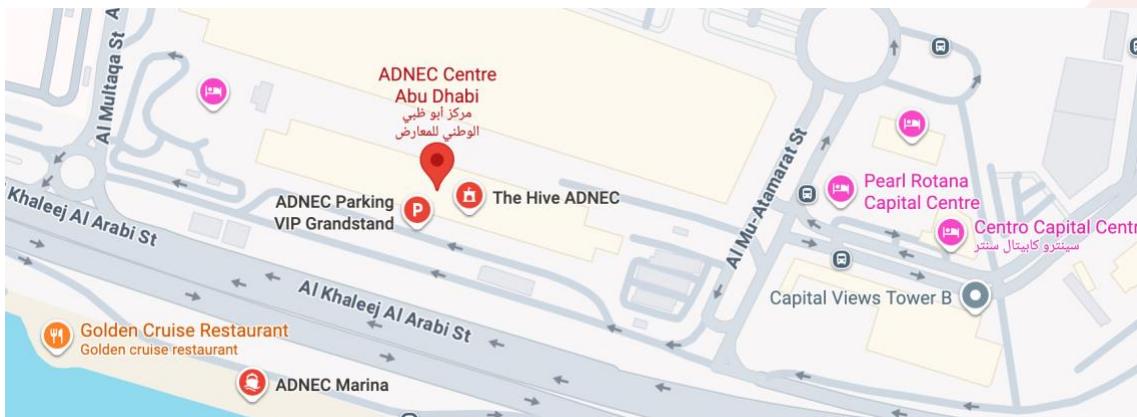
The operating dates and hours of the UDAC will be announced in due course. Please subscribe to the OMGAD newsletter and or download our app for the latest push updates.

### 1.3. Dates

Date	February 11 <sup>th</sup> Wednesday	February 12 <sup>th</sup> Thursday	February 13 <sup>th</sup> Friday	February 14 <sup>th</sup> Saturday
Basketball 3x3				

## 1.4. Venue

### Abu Dhabi National Exhibition Centre (ADNEC)



## 2. Competition Information

### 2.1. Disciplines, Events & Grading

Discipline	Grade	Categories		
		Gender	Classification	Age
3x3	Competitive	Female	N/A	35+, 45+, 55+, 65+, 75+
		Male		
	Recreational	Female		
		Male		
Para - Wheelchair	Open	Female	Physical Impairment	35+, 55+
		Male		

- Competitive:** This grade is for those players who compete in a high standard of national or 3 regional level basketball, such as amateur in their regional competition, and players who have represented their club or town in state/ province competition.
- Recreational:** This grade is for those players who participate in non-competitive -or lower grade leagues and for social and casual players.

Players can only compete in ONE grade.

## 2.2. Format

The following format for play has been identified for the OMGAD Basketball competition:

- There will be a round robin tournament, with finals and playoff matches to determine final placings. Where sufficient entries are received, teams will be split into two groups of four teams for the group stages.
- Based on the proposed competition format, each team can expect to play a minimum of three games.
- Final draw format will be determined once the number of teams are confirmed. To produce a viable draw some grades and ages will be combined at the discretion of OMGAD Basketball competition manager.

## 2.3. Determining Places

Each team will be ranked in their group and get points based on their wins and losses.

This is as follows:

- Win = 2 points
- Loss = 1 point
- Withdrawal/"no-show": = 0 points

**If two teams** have the same points, the progression will be as follows:

- Head-to-head result
- Points difference if tied on head-to-head

**If more than two teams** have the same points and they all have wins and losses against each other, the ranks shall be determined by the following condition in order:

- Points difference *in the games*
- Highest total points score *in the games*
- Highest score difference *in the group*
- Highest total score *in the group*

## 2.4. The Draw

The draw will be held online on the 30th of January at 3pm (UAE time). The results will be published on the OMGAD website on the 31st of January and will be sent to all team captains by the competition manager

## 2.5. The Schedule

The schedule will be released by the 2nd of February.

Please be aware, that no measures will be put in place to adjust match times in the event of scheduling conflicts or differing match venues between teams sharing a manager.

## 2.6. Rules

The following timing rules have been identified for the OMGAD Basketball competition:

- Game duration will be 10 minutes or first to score 15 points in the preliminary/group stages and up to 21 points for the finals.
- A 12 second shot clock will be used
- No quarters or half times
- Each team is entitled to one 30-second timeout per game
- When the time ends, the team with higher number of points wins if none of the teams scores 15 or 21 points.
- **IMPORTANT:** Overtime will be decided by the first team to score two points
- Substitutions can only be made during dead-ball situations

## 3. Para Basketball<sup>1</sup>

### 3.1. Team Composition & Eligibility

Each team consists of three players on the court, with one substitute available. Teams can register a squad of five players maximum with four named on the match day sheet.

### 3.2. Classification

The OMGAD2026 will offer national classification opportunities in the days prior to the start of the competition. International Classifiers will be available for the following impairment:

PI: Physical Impairment

Athletes will need to present themselves for classification at the date and time designated by the sport. As a result, the classification outcomes will not be officially recognized by the respective International Federations.

Eligible Sport Status:

Players are assigned points as their classification – 1, 2, 3, and 4 are the recognized classes, with 0.5 classes between for the exceptional cases which do not fit exactly into one class, and the 4.5 category for the player with the least disability.

Eligible sport class status to participate in the Games are as follows.

- R = Review
- FRD = Fixed Review Date
- C = Confirmed

Classification Points: Teams must adhere to classification rules, where the combined classification points of the three players on the court cannot exceed 8.5 points. Players are classified based on their physical abilities, with higher points assigned to those with greater functional ability.

<sup>1</sup> Added Para basketball section 19/11

### 3.3. Game Information

The game is played in a single period of 10 minutes.

Teams have 12 seconds to attempt a shot once they gain possession of the ball.

Points are awarded as follows:

- Field goals made inside the arc are worth 1 point.
- Field goals made outside the arc are worth 2 points.
- Each free throw is worth 1 point.

#### Possession and Ball Handling

**Start of the Game:** The game begins with a coin toss. The winner chooses whether to take possession or start on defence.

After a stoppage or a score, the ball must be "checked" (handed to the defence and then returned) at the top of the arc to restart play.

The team that did not score gets possession of the ball. They must clear the ball behind the arc (both wheelchair and the ball) before attempting to score.

#### Fouls and Violations

**Fouls:** Each team is allowed up to 6 team fouls. After the 6th foul, the opposing team is awarded two free throws for each subsequent foul.

**Unsportsmanlike Fouls:** These result in 2 free throws and possession of the ball.

**Shot Clock Violation:** If a team fails to attempt a shot within 12 seconds, possession is turned over to the other team.

#### Overtime

**Tiebreaker:** If the score is tied at the end of the regulation time, the game goes into overtime. The first team to score 2 points in overtime wins the game.

#### Winning the Game

**Winning Conditions:** The first team to score 21 points or the team leading after 10 minutes wins the game. If no team reaches 21 points within the allotted time, the team with the highest score at the end of the period wins.

## 4. Technical Details

### 4.1. Technical Delegate

The Technical Delegate, Mr. Mahnoud Rashad, will oversee the implementation of all sport specific rules and requirements at the Games.

### 4.2. Technical Meeting

The participant technical meeting will take place on Friday February 6<sup>th</sup> at 9am at the competition venue.

### 4.3. Competition Management

The competition management team is as follows:

#	Name	Position	Email	
1.	Mahmoud Rashad	Technical Delegate	mahmadaey@hotmail.com	+971506921434
2.	Kevin Pragados	Competition Manager	basketball@omgad2026.ae	+971507690807
3.	Tarek Souei	Para Sports Technical Delegate	Tarek.souei@gmail.com	
4.	Salah Riahi	Para Sports Manager	parasports@omgad2026.ae	+971569979019

### 4.4. Other Technical Details

Statistics will **not** be collected as part of OMGAD. Therefore, no live statistics will be available.

## 5. Equipment & Uniform

### 5.1. Equipment

- For 3x3 basketball, a size six (6) and weight 7 (seven) Wilson FIBA 3x3 basketball will be used.
- Teams are advised to bring their own balls for training.
- Teams are advised to bring their own water bottles and strapping tape.



- The specification of wheelchairs shall follow the IWBF 3x3 international basketball standards.

## 5.2. Uniform

- All teams shall have two sets of competition uniforms (dark and light colour). The front and back of the uniforms shall be of the same colour.
- Jerseys must be of the same style and colour for all team members. Player numbers (from 1 to 99) must be clearly displayed on both the front and back of the jersey. Displaying player names and team names is optional.
- Shorts must be the same colour for the entire team, but styles may vary. Displaying numbers on the shorts is optional; if displayed, the number must match the jersey number.
- Jerseys and shorts may be of different colours.
- Socks must be the same colour for the entire team, though styles may vary.

## 6. Awarding

### 6.1. Medals

The top 3 teams will be awarded the gold medal, silver medal and bronze medal respectively.

### 6.2. Ceremonies

- In OMGAD2026, athletes are individuals and represent themselves. National flags and anthems will not be included in medal ceremonies.
- The medal ceremony will be held after each final.
- The medal ceremony will be conducted in Arabic and English.

## 7. Protests and Appeals

### 7.1. Protests

- Competition-related disputes and protests shall be handled according to rules and related regulations of the international association of the sport. If there are no rules regarding such disputes and protests in place, the competitor may first make verbal protest and submit written protest to OMGAD within 30 minutes after the end of a contest.
- No protest can be lodged by any team members or staff against a judging (scoring) decision during the competition period.

### 7.2. Appeals

- Based on the principle of trust, the Organizer will not take the initiative to review the grade of athletes upon registration. Matters regarding athlete qualifications and grades should be submitted to the Organizer with relevant supporting materials before the Games or when the fact occurs. The complaint will be handled in accordance with the rules and relevant regulations of international sports federations and relevant regulations.
- Applications that are not submitted within the stipulated time or with incomplete materials will not be accepted.

## 8. Doping Control

### 8.1. Regulations

- Doping Control should be conducted in accordance with WADA World Anti-Doping Code (<https://www.wada-ama.org/en>) and International Masters Games Association (IMGA) Anti-Doping Rules (<https://imga.ch/masterssports/anti-doping>).
- Participants are deemed to have agreed to be subject to doping control procedures in accordance with the International Masters Games Association Anti-Doping Rules upon entry to the competition. Participants must obey antidoping rules and conduct themselves in a considerate manner.