



OPEN MASTERS GAMES

ABU DHABI 2026

Judo



Updated: January 21, 2026

**UNITED BY SPORTS,
ACTIVE FOR LIFE**

1. General Information

Built on the principles of balance, timing, and respect, Judo tests competitors in throws and holds. Masters athletes will demonstrate their mastery of this Olympic martial art in spirited contests.

1.1. Governance

By participating in the competition, athletes and teams acknowledge and accept competition rules and regulations. Participation is deemed as full agreement to comply with the decisions of the organising committee and to adhere to any updates or modifications made to the competition guidelines.

1.2. Eligibility

In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2026. For example, if you are 39 years old during the Games time but turn 40 by 31 December 2026, you would compete in the 40-44 age category.

Any competitor who fails to submit all required documentation at the time of weighing in will not be permitted to participate in the competition. It is the responsibility of each athlete to ensure that all necessary paperwork, including identification, medical forms, and registration details, are provided before the official weigh-in. Failure to do so will result in disqualification from the event.

Health Declaration

Athletes should carefully evaluate whether their physical condition is suitable for participating in the competition. If they suffer from cardiovascular or other diseases that make them not suitable to engage strenuous exercise, seeking doctor's advice is recommended to evaluate whether they can safely participate in OMGAD events.

Health Insurance

- All participants **MUST** have a medical insurance policy while in the U.A.E.
- Residents and citizens must ensure their respective health insurance policy covers sports injuries.

The Ziyarah Plan, provided by Daman, is a health insurance policy specifically created for the Open Masters Games. You can purchase this plan using the link below



<https://www.damanhealth.ae/products/inbound-emergency-medical-travel-insurance-ziyarah-open-masters/>

Ziyarah Plan (Open Masters Games)

Ensuring your peace of mind for the upcoming event

Coverage Period: 15 days



Scope of Coverage:

- Up to AED 250,000, comprehensive coverage for medical emergencies and sports-related injuries incurred during the event period.
- Direct billing at network providers.
- Consultations through Pura App (Maximum up to 3 consultations).



Eligibility Requirements:

- Registered players and their accompanying family members.
- Health insurance plan to be purchased before participants travel to UAE.



Premium details:

- Up to 60 years: AED 86 (VAT extra)
- 61 years & above: AED 215 (VAT extra)



Important Note for Residents and UAE Nationals

UAE residents (Expats) & UAE nationals will need to ensure their respective health insurance plans cover sports injuries, as they will not be eligible for this plan.

damaninsurance.ae

Accreditation

All participants must have approved accreditation to access the fields of play and to compete. This accreditation can be collected for the Uniform Distribution and Accreditation Centre (U.D.A.C) located in Zayed Sports City.

Team captains, coaches/managers and assistant managers **cannot** collect accreditation on behalf of teammates. Each participant must personally present themselves and their ID at the point of collection. It is at this point that participants will also receive their welcome kit.

The operating dates and hours of the UDAC will be announced in due course. Please subscribe to the OMGAD newsletter and or download our app for the latest push updates.



1.3. Dates

| February 7 th Saturday | February 8 th Sunday | February 9 th Monday |
|--------------------------------------|------------------------------------|------------------------------------|
| | | |

1.4. Venue

Mubadala Arena

2. Competition Information

The Judo competition at Open Masters Games Abu Dhabi 2026 (OMGAD2026) will follow various formats depending on the number of participants per weight and age category. These may include round-robin, best-of-three, or double-elimination structures to ensure fair and competitive matchups.

2.1. Disciplines, Events & Weigh-in

| Discipline | Category | | |
|------------|----------|---|-------------------------|
| | Gender | Weight | Age |
| Judo | Male | 60kg, 66kg, 73kg, 81kg, 90kg, 100kg, +100kg | 30+, 40+, 50+, 60+, 70+ |
| | Female | 48kg, 52kg, 57kg, 63kg, 70kg, 78kg, +78kg | 30+, 40+, 50+, 60+, 70+ |

If there are insufficient entries in an age category, categories may be combined to conduct a viable competition. The awarding of medals will not be affected, that is, individuals will still be awarded medals in the age category in which they originally entered.

For athletes up to 60 years old, it is permissible to group up to two adjacent age categories. For those over 60, grouping is limited to one adjacent age category either up or down.

Weigh ins will be conducted at the competition venue one day prior to the competition starting. [OB]

2.2. Format

The competition format for judo will be as follows:

- With 2 participants, a best-of-three matches format will be used.
- With 3 to 6 participants, the competition will follow a round-robin format with final cross-matches.
- With 7 or more participants, a double-elimination play-off system will be applied.

If there are insufficient entries in each category or weight class, categories may be combined based on weight and age.

Match Duration



| Age | Match Duration |
|---------------|----------------------|
| 30 – 39 years | 3 minutes |
| 40 – 49 years | 3 minutes |
| 50 – 59 years | 3 minutes |
| 60 – 64 years | 2 minutes 30 seconds |
| 65 – 69 years | 2 minutes 30 seconds |
| 70 – 74 years | 2 minutes |

2.3. Schedule

The link to the detailed competition schedule is [here](#).

2.4. Rules

By participating in the competition, athletes and teams acknowledge and accept competition rules and regulations. Participation is deemed as full agreement to comply with the decisions of the organising committee and to adhere to any updates or modifications made to the competition guidelines.

3. Technical Details

3.1. Draw

The draw will be made on the 6th of February at 2pm UAE time. The results will be published on the Open Masters Games Abu Dhabi website on the 7th of February.

3.2. Technical Delegate

The Technical Delegate endorsed by the UAE Judo Federation will be announced in the final version of the guide. The Technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

3.3. Competition Management

| # | Name | Position | Email | WhatsApp |
|----|----------------|---------------------|---------------------|---------------|
| 1. | Shaban Alsayed | Technical Delegate | Shabola58@gmail.com | +971507235870 |
| 2. | Sultan Alketbi | Competition Manager | judo@omgad2026.ae | +971501172315 |

4. Equipment & Uniform

4.1. Uniform

- All athletes are required to compete in either a white or blue judogi.
- Back numbers will be provided on site.
- Sewing services will be available.

5. Awarding

5.1. Medals

The top two athletes will be awarded the gold medal and silver medal, respectively. Bronze medals will be awarded to 3rd and 4th place.

5.2. Ceremonies

- In OMGAD2026, athletes are individuals and represent themselves. National flags and anthems will not be included in medal ceremonies.
- The medal ceremony will be held after each final.
- The medal ceremony will be conducted in Arabic and English.
- The awards ceremony must be attended in a white judogi.

6. Protests and Appeals

6.1. Protests

- Competition-related disputes and protests shall be handled according to rules and related regulations of the international association of the sport. If there are no rules regarding such disputes and protests in place, the competitor may first make verbal protest and submit written protest to OMGAD within 30 minutes after the end of a contest.
- No protest can be lodged by any team members or staff against a judging (scoring) decision during the competition period.

6.2. Appeals

- Based on the principle of trust, the Organizer will not take the initiative to review the grade of athletes upon registration. Matters regarding athlete qualifications and grades should be submitted to the Organizer with relevant supporting materials before the Games or when the fact occurs. The complaint will be handled in accordance with the rules and relevant regulations of international sports federations and relevant regulations.
- Applications that are not submitted within the stipulated time or with incomplete materials will not be accepted.

7. Doping Control

7.1. Regulations

- Doping Control should be conducted in accordance with WADA World Anti-Doping Code (<https://www.wada-ama.org/en>) and International Masters Games Association (IMGA) Anti-Doping Rules (<https://imga.ch/masterssports/anti-doping>).
- Participants are deemed to have agreed to be subject to doping control procedures in accordance with the International Masters Games Association Anti-Doping Rules upon entry to the competition. Participants must obey antidoping rules and conduct themselves in a considerate manner.