



OPEN MASTERS GAMES

ABU DHABI 2026

BOWLING



FINAL VERSION

Updated: January 26, 2025

**UNITED BY SPORTS,
ACTIVE FOR LIFE**

1. General Information

1.1. Governance

The bowling competition will be conducted in accordance with the regulations of the International Bowling Federation (IBF), the World Tenpin Bowling Association, the Emirates Bowling Federation (EBF) and any specific guidelines issued by the International Masters Games Association (IMGA).

1.2. Eligibility

In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2026. For example, if you are 39 years old during the Games time but turn 40 by 31 December 2026, you would compete in the 40-44 age category.

The age of the youngest registered team member determines which age category the team will compete in. For example, a team with the youngest member at 54 years old should register for the 50+ age category.

Health Declaration

Athletes should carefully evaluate whether their physical condition is suitable for participating in the competition. If they suffer from cardiovascular or other diseases that make them not suitable to engage strenuous exercise, seeking doctor's advice is recommended to evaluate whether they can safely participate in WMG events.

Health Insurance

- All participants **MUST** have a medical insurance policy while in the U.A.E.
- Residents and citizens must ensure their respective health insurance policy covers sports injuries.

The Ziyarah Plan, provided by Daman, is a health insurance policy specifically created for the Open Masters Games. You can purchase this plan using the link below

<https://www.damanhealth.ae/products/inbound-emergency-medical-travel-insurance-ziyarah-open-masters/>



Ziyarah Plan (Open Masters Games)

Ensuring your peace of mind for the upcoming event



Coverage Period: 15 days



Scope of Coverage:

- Up to AED 250,000, comprehensive coverage for medical emergencies and sports-related injuries incurred during the event period.
- Direct billing at network providers.
- Consultations through Pura App (Maximum up to 3 consultations).



Eligibility Requirements:

- Registered players and their accompanying family members.
- Health insurance plan to be purchased before participants travel to UAE.



Premium details:

- Up to 60 years: AED 86 (VAT extra)
- 61 years & above: AED 215 (VAT extra)



Important Note for Residents and UAE Nationals

UAE residents (Expats) & UAE nationals will need to ensure their respective health insurance plans cover sports injuries, as they will not be eligible for this plan.

damaninsurance.ae

Accreditation

All participants must have approved accreditation to access the fields of play and to compete. This accreditation can be collected for the Uniform Distribution and Accreditation Centre (U.D.A.C) located in Zayed Sports City.

Team captains, coaches/managers and assistant managers **cannot** collect accreditation on behalf of teammates. Each participant must personally present themselves and their ID at the point of collection. It is at this point that participants will also receive their welcome kit.

The operating dates and hours of the UDAC will be announced in due course. Please subscribe to the OMGAD newsletter and or download our app for the latest push updates.

1.3. Dates

Date	February 9 Monday	February 10 Tuesday	February 11 Wednesday	February 12 Thursday	February 13 Friday	February 14 Saturday
Singles						
Doubles						
Mixed Doubles						

1.4. Venue

[Khalifa International Bowling Centre, Zayed Sports City](#)



2. Competition Information

2.1. Disciplines, Events & Grading

Discipline	Event	Category		
		Gender	Classification	Age
	Singles	Male	N/A	30+, 35+,
		Female		45+, 55+,
	Doubles	Male		65+, 75+,
		Female		85+, 95+
	Mixed Doubles	Mixed		

If there are insufficient entries in an age category, categories may be combined to conduct a viable competition. The awarding of medals will not be affected, that is, individuals will still be awarded medals in the age category in which they originally entered.

2.2. Format

The bowling competition will follow a two-phase format: **Qualification Rounds** and **Finals**.

To ensure fair play and equal lane transition for all participants, the following lane movement rule shall apply:

- The competition will be played over four games
- Lane movement will occur after two games

The movement method will be as follows:

- Players or teams starting on the right lane of a pair will move to the right.
- Players or teams starting on the left lane of a pair will move to the left.
- Movement will be to the adjacent lane pair, maintaining the same left/right position.

This movement pattern will be applied after Game, ensuring that all participants compete on different lane surfaces and conditions throughout the event.

General Notes

- All lane movements will be supervised by tournament officials.
- Any deviation or adjustment due to technical or operational issues will be communicated by the Tournament Director.
- This rule applies equally to Singles, Doubles, and Mixed Doubles events, unless otherwise officially announced.

2.3. Schedule

Date	Time	Activity	Group	No. of Athletes/Teams
Monday 9th February	08:50–09:00	Squad 1 Practice	Men 45+, 55+, 65+, 75+	94
	09:00–12:30	Singles Qualifying		
	12:30–13:20	Lane Maintenance		
	13:20–13:30	Squad 2 Practice		
	13:30–17:00	Singles Qualifying	Men 35+	120
	17:00–17:50	Lane Maintenance		
	17:50–18:00	Squad 3 Practice	Women 30+, 35+, 45+, 55+, 65+	115
	18:00–21:30	Singles Qualifying		
Tuesday 10th February	08:50–09:00	Squad 4 Practice	Men 30+, 35+	80
	09:00–12:30	Singles Qualifying		
	12:30–13:20	Lane Maintenance		
	13:50–14:00	Practice (Finalists)	All finalists	
	14:00–17:30	Singles Finals		
	17:30–18:20	Lane Maintenance	Top 3 (Singles)	
	18:20–18:30	Practice (Medal Round)		
	18:30–19:50	Stepladder Finals		
	20:00	Medal Ceremonies		
Wednesday 11th February	08:50–09:00	Squad 1 Practice	Men 30+, 35+, 45+	72
	09:00–12:30	Doubles Qualifying		
	12:30–13:20	Lane Maintenance		
	13:20–13:30	Squad 2 Practice	Women 30+, 35+, 45+, 55+, 65+ Men 55+, 65+, 75+	38
	13:30–17:00	Doubles Qualifying		
	17:30	Intergenerational Evening		
Thursday 12th February	09:50–10:00	Practice	All divisions	
	10:00–13:30	Doubles Finals		
	13:30–14:20	Lane Maintenance		
	14:50–15:00	Practice	Top 3 teams (Doubles)	
	15:00–16:50	Stepladder Finals		
	17:00	Medal Ceremonies		
Friday 13th February	08:50–09:00	Squad 1 Practice	45+, 55+, 65+	22
	09:00–12:30	Mixed Doubles Qualifying		
	12:30–13:20	Lane Maintenance	Friday Prayer Break	
	13:20–13:30	Squad 2 Practice	30+, 35+	38
	13:30–17:00	Mixed Doubles Qualifying		
Saturday 14th February	09:50–10:00	Practice	All divisions	
	10:00–13:30	Mixed Doubles Finals		
	13:30–14:20	Lane Maintenance		
	14:50–15:00	Practice	Top 3 teams (Mixed Doubles)	
	15:00–16:50	Stepladder Finals		
	17:00	Medal Ceremonies		

Unofficial Practice

The bowling alley will be available for unofficial practice on the 7th and 8th of February from 10am to 4pm.

To allow for participants to have a fair opportunity to practice, we are recommending 55+, 65+, 75+, 85+, 95+ ages to utilise the alley from 10am to 1pm and 30+, 35+ and 45+ to use the alley from 1pm to 4pm.

Qualification Rounds

All registered athletes will compete in the qualifying stage, where each participant will bowl four games. The total cumulative pinfall from these games will determine the preliminary rankings. Performances in the qualifying rounds are critical, as only the top-ranked athletes from each age and gender category will advance to the final stage.

Finals

The top athletes—usually the top 4, 6, or 8 depending on the number of entries—will progress to the finals in their respective categories. The finals may consist of an additional series of games, with pinfall from these rounds alone determining the final rankings. Qualification scores will not carry over to the finals unless otherwise specified in the competition briefing.

In some categories, finals may also adopt a stepladder or knockout format, based on final entry numbers and the decision of the Bowling Committee.

2.4. Scoring

The competition will use **total pinfall** as the primary method for ranking participants. Each athlete's total number of pins knocked down across their games will be recorded and used to determine their standings in both qualification and finals.

Tie-Break Rule

In the event of a tie between players or teams affecting rankings, qualification, or prize positions, the tie shall be resolved by a roll-off using Frames 9 and 10 only.

- Each tied player/team will bowl Frames 9 and 10, starting from a fresh setup.
- The combined pinfall of Frames 9 and 10 will determine the winner.



- If the tie persists, the roll-off shall continue on Frame 10 only, repeated as necessary until the tie is broken.

2.5. House Pattern and Oiling

Lanes will be oiled after each squad has completed their competition

The house pattern will be 42 feet



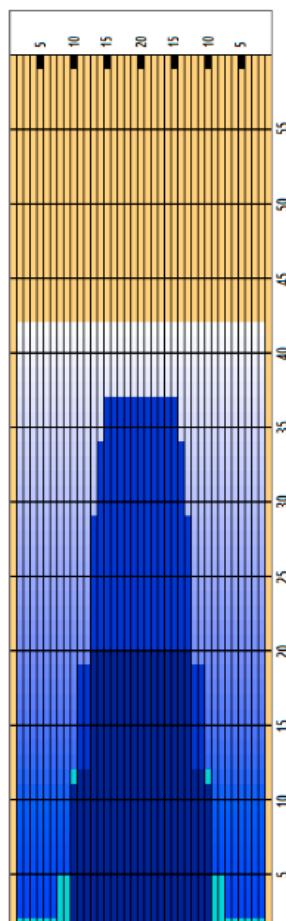
OMGAD - 2026



Oil Pattern Distance	42	Reverse Brush Drop	42	Oil Per Board	50 ul
Forward Oil Total	10.35 mL	Reverse Oil Total	10.75 mL	Volume Oil Total	21.1 mL
Tank Configuration	Only A	Tank A Conditioner	KEGEL	Tank B Conditioner	KEGEL

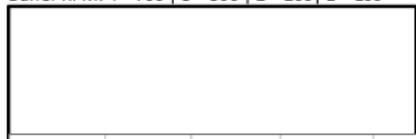
START	STOP	LOADS	SPEED	CROSSED	START	END	FEET	T.OIL
1	2L	2R	2	18	74	0.0	2.5	2.5
2	8L	8R	1	18	25	2.5	5.0	2.5
3	10L	10R	3	18	63	5.0	12.6	7.6
4	13L	13R	3	18	45	12.6	20.2	7.6
5	2L	2R	0	18	0	20.2	24.0	3.8
6	2L	2R	0	22	0	24.0	33.0	9.0
7	2L	2R	0	30	0	33.0	42.0	9.0

START	STOP	LOADS	SPEED	CROSSED	START	END	FEET	T.OIL
1	2L	2R	0	30	0	42.0	37.0	-5.0
2	15L	15R	1	22	11	37.0	33.9	-3.1
3	14L	14R	2	18	26	33.9	28.8	-5.1
4	13L	13R	4	18	60	28.8	18.6	-10.2
5	11L	11R	4	14	76	18.6	10.7	-7.9
6	10L	10R	2	10	42	10.7	7.9	-2.8
7	2L	2R	0	10	0	7.9	0.0	-7.9



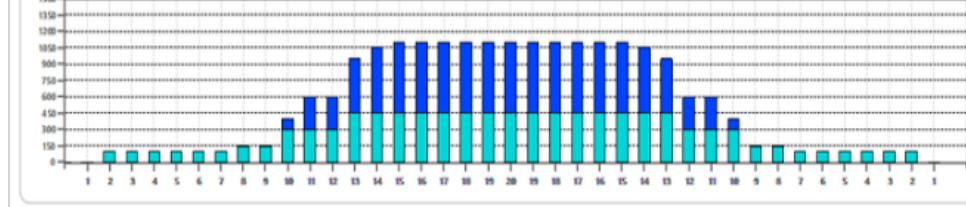
Cleaner Ratio Main Mix NA Forward
Cleaner Ratio Back End Mix NA Reverse
Cleaner Ratio Back End Distance NA Combined

Buffer RPM: 4 = 700 | 3 = 500 | 2 = 200 | 1 = 100



Item	3L-7L-18L-18R	8L-12L-18L-18R	13L-17L-18L-18R	18L-18R-17R-13R	18L-18R-12R-8R	18L-18R-7R-3R
Description	OutsideMiddle	MiddleMiddle	InsideMiddle	MiddleInside	MiddleMiddle	MiddleOutside

Track Zone Ratio 11 2.89 1.04 1.04 2.89 11



3. Technical Details

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3.1. Technical Delegate

The Technical Delegate will be Mr. Ahmed Murad. He will oversee the implementation of all sport specific rules and requirements at the Games.

3.2. Competition Management

The competition management team is as follows:

#	Name	Position	Email
1.	Ahmed Murad	Technical Delegate/Competition Manager	bowling@omgad2026.ae
2.	Tarek Souei	Para Sports Technical Delegate	Tarek.souei@gmail.com
3.	Salah Riahi	Para Sports Manager	parasports@omgad2026.ae

4. Equipment & Uniform

4.1. Equipment

Participants who require equipment must personally arrange rental of equipment from the Khalifa International Bowling Centre.

<https://www.zsc.ae/en/sport/bowling>

All personal equipment must conform to the technical requirements of international bowling standards. Athletes are responsible for the maintenance and condition of their gear. Organisers reserve the right to inspect equipment for compliance and safety. Use of unauthorized or unsafe equipment may lead to disqualification.

4.2. Uniform

All athletes participating in the OMGAD2026 bowling competition are required to wear appropriate sportswear that reflects the spirit of fair play and professionalism. The following uniform guidelines apply:

- Shirts: Collared or bowling-specific shirts must be worn. Sleeveless tops, tank tops, or tops with offensive graphics or messages are not permitted.
- Trousers or skirts: Athletes may wear tailored sports trousers, skirts, or skorts. Denim jeans, shorts above mid-thigh, or excessively loose or torn clothing are not allowed.

- Uniforms must be free of any political messages, personal slogans, or imagery that could be deemed inappropriate or disruptive to the spirit of the competition.

5. Awarding

5.1. Medals

The top 3 athletes and doubles will be awarded the gold medal, silver medal and bronze medal respectively.

5.2. Ceremonies

- In OMGAD2026, athletes are individuals and represent themselves. National flags and anthems will not be included in medal ceremonies.
- The medal ceremony will be held after each final.
- The medal ceremony will be conducted in Arabic and English.

6. Protests and Appeals

6.1. Protests

- Competition-related disputes and protests shall be handled according to rules and related regulations of the international association of the sport. If there are no rules regarding such disputes and protests in place, the competitor may first make verbal protest and submit written protest to OMGAD within 30 minutes after the end of a contest.
- No protest can be lodged by any team members or staff against a judging (scoring) decision during the competition period.

6.2. Appeals

- Based on the principle of trust, the Organizer will not take the initiative to review the grade of athletes upon registration. Matters regarding athlete qualifications and grades should be submitted to the Organizer with relevant supporting materials before the Games or when the fact occurs. The complaint will be handled in accordance with the rules and relevant regulations of international sports federations and relevant regulations.

- Applications that are not submitted within the stipulated time or with incomplete materials will not be accepted.

7. Doping Control

7.1. Regulations

- Doping Control should be conducted in accordance with WADA World Anti-Doping Code (<https://www.wada-ama.org/en>) and International Masters Games Association (IMGA) Anti-Doping Rules (<https://imga.ch/masterssports/anti-doping>).
- Participants are deemed to have agreed to be subject to doping control procedures in accordance with the International Masters Games Association Anti-Doping Rules upon entry to the competition. Participants must obey antidoping rules and conduct themselves in a considerate manner.